

UPDATED

# Smoking Cessation

Coding and Coverage Card

*Coding assistance for physician office/clinic visits and counseling*

**In general, bill as follows for advice to quit smoking or counseling to assist the patient in smoking cessation.**

## Diagnoses codes (ICD-9-CM)

*Use as primary or secondary diagnosis code.*

If patient presents for evaluation and treatment of a tobacco-related illness, code that illness as the primary diagnosis. If you discuss tobacco cessation along with treatment for the tobacco-related illness, code the tobacco use as a secondary diagnosis using one of the codes listed below.

If a patient presents at your office for the purpose of obtaining cessation advice, select one of the following tobacco-use diagnosis codes as the primary diagnosis:

**305.1 Tobacco use disorder**  
**or**  
**V15.82 Personal history of tobacco use**

In accordance with techniques presented at the ISMA Tobacco Cessation Education Program, follow this outline to determine an office visit code, selecting the proper code on the basis of evaluation and management time spent with the patient.

## Specific insurance company policies

Specific employer contracts for medical insurance may vary from an insurance company's general coverage policy. The chart shown here highlights some major insurers and their policy coverages.

## Office visit procedure codes (CPT-4)

*Use one code only.*

*Apply standard coding principles when selecting the office visit code.*

## Evaluation and Management as part of the comprehensive preventative medicine visit

99383 – 99384 by age for new patients

99393 – 99397 by age for established patients

## Preventative medicine counseling and/or risk factor reduction

99401 Preventative medicine counseling, individual – 15 minutes

99402 Preventative medicine counseling, individual – 30 minutes

99411 Preventative medicine counseling, group setting – 30 minutes

*If the patient is seen for a significant, separately identifiable evaluation and management service, a 25 modifier can be added to the appropriate E/M service code and billed in addition to the counseling code.*



| Insurance company     | Office visit with PCP | Cessation Prescription Drugs | OTC Cessation Aids | Smoking Cessation Classes |
|-----------------------|-----------------------|------------------------------|--------------------|---------------------------|
| Advantage Health Plan | yes                   | yes                          | no                 | no                        |
| Anthem BCBS           | no                    | yes                          | no                 | no                        |
| Cigna                 | yes                   | no                           | no                 | no                        |
| Key Benefits          | yes                   | yes                          | no                 | no                        |
| M-Plan                | yes                   | yes                          | no                 | no                        |